



Rey T. Singh RSW, MSW, CACII, RCS
Clinical Social Worker and therapist



**London Middlesex Counselling
& Addiction Services**

Situated 211-186 King St. in downtown London, On. LMCAAS was founded by Rey Singh, a clinical social worker and psycho-therapist who has worked in the social work and counselling field for the past 15 years. He is EAP approved for providing counselling to individuals across the life-span and with those seeking a broad array of counselling and therapeutic supports. He has extensive experience working with individuals from all walks of life. Rey has worked with many different therapies to provide a sensitive approach to working clients. Currently Rey Singh also works as a Mental Health Clinician for London Family Court Clinic in London providing mental health services for individuals involved in the court system.

*You can book your confidential session
online at: www.lmcaas.com*

Rey T. Singh MSW, RSW, CAC II, RCS
Clinical Social Worker/Therapist
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**London
Middlesex
Counselling
&
Addiction
Services
(LMCAAS)**

211-186 King St.

**Employee
Assistance
Counselling**

T.226.236.6485
www.lmcaas.com

“If you or your family are experiencing crisis we can help. Our counselling services are licensed and credentialed Your work insurance and EAP providers will cover your counselling fees. I will provide you with the care and confidential services you need to help you or your loved one reach stability and I will assist you in your recovery to develop a stable outlook and lifestyle. “

Book your appointment directly online at www.lmcaas.com. I am available for in-office or I am able to come to you for home-visit sessions. Evenings & Weekends.

Thank you for inviting me into your journey to recovery!

“Everyone needs counseling support to create balance and maintain a healthy lifestyle or seeking a change or a way out of addictions.”

“Let me provide you with professional non-judgmental therapeutic support.”

“Seeking the counsel of others is essential to developing an approach to your life which centers you on your healthy path.”

“Make the change for the next generation. Lets work together to help you achieve optimal health.”

“Be your most resilient self.”

Book your appointment when it works for you at www.lmcaas.com.

If I'm available you can book pre-book your appointment. You can pay upfront and submit to most insurers for reimbursement.

Counselling services offered:

- *Crises counselling—Grief and loss*
- *Addictions—youth and adult*
- *Marriage Counselling*
- *Depression and anxiety*
- *Mental health Support-Crisis and stabilization*
- *Transitions and New Relationships*
- *Codependency*
- *Domestic violence*
- *Vicarious trauma for health professionals*
- *Family Dispute resolution*
- *Gender identity and sexual re-identification*
- *Family counselling*
- *One-on-one or family counselling support*

Employee Assistance Program

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London, ON

*Evening and weekends by appointment.

“New beginnings are possible with renewed life and vigor from now feeling supported and knowing my story matters. I can help others. Understanding and calm strength and therapy helped me to reclaim my years.” FR

“After receiving therapy I was able to understand what happened to me wasn't my fault. I was a victim of history. Now that I've been just surviving I want to give back. Now I have a different story to tell where I realize my power. Past memories have no power over me any more.” RC

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